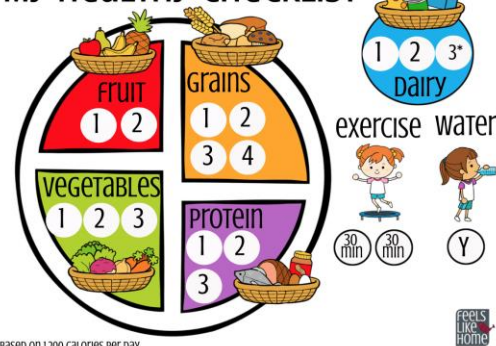


Gwendolyn Britt Senior Activity Center

SUMMER 2024 CALENDAR



MY HEALTHY CHECKLIST



JUNE, JULY, AUGUST 2024

Hours of Operation - Monday-Friday 9 am - 3:30 pm

Please note the center will be closed on: Thursday, July 4 - Independence Day

FACE MASKS ARE ENCOURAGED!

SUMMER REGISTRATION

- Registration begins Wednesday, May 15 for Residents (R).
- Registration begins Wednesday, May 22 for Non-Residents (NR).
- Summer Classes – Register early! **Virtual classes are available.** Classes fill on a first come, first serve basis.
- Don't Wait and Be Too Late! Register at least one week prior to the class start date! A minimum number of registrants are required for programs to be held.
- See refund policy on the next page.
- A fee assistance program is available for residents who need financial help to participate in our classes that have a fee greater than \$35. Based on income and family size, fee reduction may be available. Visit our website or ask center staff for details.

DISABILITY ACCOMMODATIONS

M-NCPPC, Department of Parks and Recreation encourages and supports the participation of individuals with disabilities. Register at least a minimum of two weeks in advance of the program start date to request and receive a disability modification. **To contact the Program Access office directly, call 301-249-7200 (Maryland Relay 7-1-1) or email program.access@pgparks.com**

4009 Wallace Road • North Brentwood, Maryland 20722

Phone: 301-699-1238

Fax: 301-699-2078

TTY: 301-699-2544

Gwendolyn Britt Senior Activity Center – Important Information

Our Refund Policy:

- 100% refunds are issued when M-NCPPC cancels a class.
- All other refunds are subject to a 20% administration fee.
- All withdrawals/refunds must be processed by the facility offering the activity.
- Refunds **MUST** be requested **prior** to the end of the course.
- Refunds will **NOT** be issued once the course has ended.
- Credits nor refunds will be issued for classes missed by the participant.
- The Senior Activity Center Director must approve all requested refunds.
- Trip refunds will only be issued if the spot is resold.
- Cash refunds are not allowed.
- Refunds may be immediately credited to your PARKS DIRECT account or be issued per original method of payment as a credit on your credit card which can take 3 to 5 days to process or as a check which can take 3 to 4 weeks to process.

Trip Transportation:

For your information, we include the mode of transportation used for our trips. Please note, the mode of transportation is subject to change. Here are the vehicles we use:

- M-NCPPC Activity Bus – 12-15 passenger white or tan bus
- Commission Bus – Large 24 passenger bus
- Motor Coach Bus – 40-50 passenger but with restroom

Trip Information:

All trip registrants are expected to return with the group to the center or fill-out a release form.



Note: When you see these feet with a trip or activity, it means there will be a lot of walking.



Langley Park/Gwendolyn Britt Senior Activity Centers

Virtual Classes

PIANO ADVANCE	<u>Tues & Thurs</u> Jun 4-27 (31541-430A) Jul 2-25 (31541-430B) Aug 6-29 (31541-430C)	11:30 am – 12:30 pm	\$68 (R) \$89 (NR)
PIANO Beginner Level I	<u>Mon & Wed</u> Jun 3-26 (31526-444A) Jul 1-24 (31526-444B) Aug 5-28 (31526-444C)	9:30 – 10:30 am	\$68 (R) \$89 (NR)
PIANO INTERMEDIATE	<u>Tues & Thurs</u> Jun 4-27 (31538-430A) Jul 2-25 (31538-430B) Aug 6-29 (31538-430C)	1 – 2 pm	\$68 (R) \$89 (NR)
PIANO BEGINNER	<u>Tues & Thurs</u> Jun 4-27 (31526-430I) Jul 2-25 (31526-430M) Aug 6-29 (31526-430N)	10 - 11 am	\$68 (R) \$89 (NR)
HOME PROJECTS	<u>Wednesdays</u> Jun 5-26 (31523-430B) Jul 3-24 (31523-430C) Aug 7-28 (31523-430X)	10 – 11 am	\$18 (R) \$24 (NR)
BINGO	<u>Fridays</u> Jun 7-28 (31510-430A) Jul 5-26 (31510-430B) Aug 2-23 (31510-430C)	12 noon – 1 pm	\$20 (R) \$26 (NR)

JUNE 2024



Pattie LaBelle & Gladys Knight, Wolf Trap

\$110 (R); \$143 (NR)

PARKS DIRECT code: GBSAC 20240608

“Godmother of Soul” Patti LaBelle and “Empress of Soul” Gladys Knight hold court with a pairing of showstopping performances. Brimming with captivating voices and soulful melodies, don’t miss a night of timeless hits including “Lady Marmalade,” “You Are My Friend,” “Neither One of Us” and “Every Beat of My Heart.” Meals at your own expense. Transportation provided. Register early! Seats are limited!

Saturday, June 8

6 – 10 pm

Bon Appetite: Cheesecake Factory, Baltimore, MD

\$12 (R); \$16 (NR)

PARKS DIRECT code: GBSAC-20240614

Over 250 menu items, freshly prepared and from scratch, to order, every day. You can also choose from over 300 legendary cheesecakes and desserts. Meals at your own expense. Transportation provided.

Friday, June 14

10 am - 3 pm

Stretch Your Grocery Dollars

FREE

Learn how to make your dollars work for you. While in the grocery store, we can strategize how we can spend less and get more. Educational programming provided by Humana. Please sign up at the front desk.

Tuesday, June 18

11:30 am – 12:30 pm

Crofton Bowl Centre

\$22 (R); \$29 (NR)

PARKS DIRECT code: GBSAC-20240621

Two hours of unlimited bowling, up to six bowlers per lane, shoe rental, decorated party table and cleanup are all included. Meals at your own expense. Transportation provided.

Friday, June 21

11 am - 3 pm

Hot Fun in the Summertime! Welcome Summer!

\$28 (R); \$37 (NR)

PARKS DIRECT code: GBSAC-SPEC-GA-20240625

GBSAC is ready to bring in the Summer with a **BANG!!** Get ready to have a fun time on the dance floor with the Tribe Band. Don’t forget your dancing shoes. Enjoy our dancing marathon, twist, hula hoop and play our right to left game. Prizes Awarded! Don’t forget to stop by the Face Caricatures station. Refreshments served.

Tuesday, June 25

11 - 2 pm



JULY 2024



EVERYBODY'S BIRTHDAY!

FREE

Wednesday, July 3

11 am – 1 pm

PARKS DIRECT code: GBSAC-SPEC-GA-20240703

Celebrate with GBSAC for Everybody's Birthday. If you were born from January 1 through December 31 let's celebrate your special day and get down with the best DJ in the land - DJ Sweat!! Refreshments served. Registration Required at the Customer Service Desk.

Bon Appetite: Gordon Ramsay's Fish & Chips, The Wharf

\$12 (R); \$16 (NR)

Thursday, July 11

10 am - 3 pm

PARKS DIRECT code: GBSAC-20240711

This waterfront restaurant sits on The Wharf with beautiful views overlooking the Potomac River. Come and experience quality food. Meals at your own expense. Transportation provided.

Lunch with A Cop

FREE

Wednesday, July 17

11:30 - 1 pm

PARKS DIRECT code: GBSAC-SPEC-GA-20240717

The Lunch with a Cop program is an effort to provide positive social interactions between Prince George's finest and the community. The goal is to strengthen relationships, to facilitate more positive contacts, and to provide relaxed, informal interactions in a friendly environment. Lunch provided. Registration Required!

National Ice Cream and Pizza Day

\$15 (R); \$20 (NR)

Wednesday, July 24

11 am - 2 pm

PARKS DIRECT code: GBSAC-SPEC-GA-20240724

Ice cream is a treat we all love. The refreshing cool taste gives a pleasant wake up call to your body on a warm summer day. Don't forget to enjoy your pizza with us. Music provided by your favorite DJ Capt. Frye.

Dorchester Seafood & Wine

\$175 (R); \$228 (NR)

Wednesday, July 31

8 am - 9 pm

PARKS DIRECT code: GBSAC-20240731

Travel to Hoopers Island, passing by the beautiful scenery, which includes lush pine forests and waterways, while our tour guide educates us about the way of life in Dorchester County. We will stop at Old Salty's Restaurant for a home-cooked, buffet-style meal featuring crab cakes, clam strips, fish, chicken, salad, vegetables, a slice of homemade pie for dessert, water & Iced Tea drinks included. After lunch we'll visit Emily's Produce, a family-operated produce market and tour a wine tasting at Layton's Chance Vineyard & Winery. We will finish our day with a stop at Kool Ice & Seafood for those who wish to buy seafood to take home. Don't forget to bring your coolers. Charter Bus Transportation provided. All included in the price. Register early! Seats are limited!



AUGUST 2024



The National Portrait Gallery

\$12 (R); \$16 (NR)

PARKS DIRECT code: GBSAC-20240807

Experience portraiture beyond the frame. Our collections present people of remarkable character and achievement. These Americans—artists, politicians, scientists, inventors, activists, and performers—form our national identity. Meals at your own expense. Transportation provided.

Wednesday, August 7

10 am – 3 pm

National Tell a Joke Day

FREE

Do you think you know a good funny clean joke? Well, come on out and share the laughter! Light refreshments served. Please sign up at the front desk.

Wednesday, August 14

12 - 1pm

Bon Appetite: Flaming Grill and Buffet

\$12 (R); \$16 (NR)

PARKS DIRECT code: GBSAC-20240823

A unique modern cuisine offering different best tasting and healthy food that will satisfy your craving. Our chef focuses on sourcing only the most pristine and high-quality ingredients to create a fresh and flavorful innovative idea of dishes that are served warm. Meals at your own expense. Transportation provided.

Friday, August 23

10 am – 3 pm

Get Smart about Food Labels

FREE

Learn the importance of food label information and how to read the contents properly. Educational programming provided by Humana. Please sign up at the front desk.

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Monday, August 26

12 – 1 pm

Life-Saving Station Museum, Ocean City, Maryland

\$150(R); \$195 (NR)

PARKS DIRECT code: GBSAC-20240829

Join us by taking a tour. You will find captivating exhibits featuring the history of the U.S. Life-Saving Service and Ocean City History. Other displays include “Surfs Up! – Riding the Waves of Change,” “The Boardwalk of Yesterday,” “Sands of the World” and much more. Aquariums featuring local marine life are a favorite. Afterwards, we can take a stroll down The Boardwalk for shopping and a meal. Meals are at your own expense. Transportation provided on a Charter Bus.

Thursday, August 29

7:30 am – 6 pm

**JUST
BE**

Senior Line Dance Party, Martins Crosswinds
7400 Greenway Center Drive, Greenbelt, Maryland 20770
PARKS DIRECT code: SPD-SPEC-GA-20240719
Ticket Price: \$38 (R); \$50 (NR)

Friday, July 19
9 am - 12 noon
Doors Open: 8:30 am

You *DON'T* want to miss this popular Senior Line Dance Party for seniors 60 or better! Enjoy an American fare breakfast, then head to the dance floor for fun line dancing, fan clapping, laughter, and show off your dance moves! Registration is on first come basis. Tickets are *Not* sold at the door. You must have a Parks Direct account to register! Transportation not provided. A physical receipt of purchase is required to receive your ticket. Don't forget to pick up a flyer for the ticket distribution schedule and locations.

Camp Springs
10:30 am - 2:30 pm

Monday, May 20
Monday, June 3
Monday, July 8

John E. Howard Senior Activity Center
10:30 am - 2:30 pm

Wednesday, May 29
Wednesday, June 5
Wednesday, July 10

Cedar Heights Community Center
10:30 am - 2:30 pm

Tuesday, May 28
Tuesday, June 11
Tuesday, July 2

Laurel-Beltsville Senior Activity Center
11 am - 3 pm

Thursday, May 23
Thursday, June 6
Thursday, July 11

Southern Area Aquatics & Recreation Complex (SAARC) - 10:30 am - 2:30 pm

Friday, May 24
Friday, June 14
Friday, July 5

Langley Park Senior Activity Center - Available for pick up Monday-Friday 9 am- 3 pm
Gwendolyn Britt Senior Activity Center - Available for pick Monday-Friday 9 am - 3 pm



BINGO-FEST (3 locations)



Calling all **seniors**! Join the fun and play **bingo** for GREAT prizes while helping support Prince George's County **elementary** school youth as they prepare for the upcoming school year. The Department of Family Services will provide lunch. Register at pgparksdirect.com Key word search: **Bingo**.

Friday, August 2, 2024

10:00 am – 2:00 pm – (DOORS OPEN AT 9:30 am)
60 & Better

LOCATIONS

Camp Springs Senior Activity Center SPD-SPEC-GA-20240802B
6420 Allentown Road, Camp Springs (301-449-0490)

John E. Howard Senior Activity Center SPD-SPEC-GA-20240802
4400 Shell Street, Capitol Heights (301-735-2400)

Laurel-Beltsville Senior Activity Center SPD-SPEC-GA-20240802A
7120 Contee Rd, Laurel (301-206-3350)

For more information, call any senior activity center listed above.

FREE with a Parks Direct Senior ID and donation of new school supplies to support Prince George's County School youth

Gwendolyn Britt Senior Activity Center – ACTIVITIES – FREE

MONDAYS



FANTASTIC MONDAYS FREE MOVIE DAYS (12:30 – 2:30 pm): Movies are fun to watch. So let us know what you would like to watch!

TUESDAYS



BINGO (12:30 - 1:30 pm): Everybody is a winner!

WEDNESDAYS



GAME DAY (12 – 3 pm): Dominoes, Spades, Trouble, Uno, and others!

THURSDAYS



SENIOR SHAPE EXERCISE CLASS (11:30 am – 12:15 pm)
ARTS & CRAFTS (12:30 - 2 pm, 1st and 3rd Thursdays): Tap into your creativity!

FRIDAYS



GAME DAY (12:30 – 3 pm): Dominoes, Spades, Trouble, Uno, and others!

AARP Smart-Driver Courses (2024)

Tuesday, June 11 10 am - 3 pm

Tuesday, August 13 10 am - 3 pm

Tune up your driving skills and update your knowledge about rules of the road. Learn about normal age-related physical changes, and how to adjust your driving to allow for these changes. Contact Ted Peterkin at (240) 603-2950 to register and pay for the course.

SENIOR SHAPE – EXERCISE CLASS AND BLOOD PRESSURE SCREENING - FREE

Senior Shape Exercise Class Sponsored by: NIH Heart Center at Suburban Hospital	Multi-purpose Room A	<u>THURS</u> June 6-27 July 4-25 August 1-29	11:30 am –12:15 pm	Free
Blood Pressure Screenings	Multi-Purpose Room A	<u>THURS</u> June 6 July 4 August 1	12:30 – 1:15 pm	Free

SENIOR SMARTRIP INFORMATION



WMATA Senior SmarTrip Cards - No Longer Sold at Gwendolyn Britt Senior Activity Center.

FOR MORE INFORMATION ON HOW TO PURCHASE A SMARTRIP CARD VISIT

www.wmata.com/fares/smatrip

WEATHER POLICY



Sign up for PG Parks Alerts and get the latest information on M-NCPPC closings due to weather, facility maintenance and other emergencies. Visit our website at www.pgparcs.com today!

NO SMOKING POLICY

In accordance with Maryland State Law, there is **NO SMOKING on M-NCPPC property**. This includes vehicles, enclosed buildings and outdoors. Outdoor areas include facility grounds, parking areas, parks, picnic areas, ballfields, etc.

SENIOR NUTRITION PROGRAM

The Senior Nutrition Program is offered Mondays and Thursdays here at Langley Park featuring a healthy, well-balanced meal by the Prince George's County Department of Family Services. Individuals who are sixty & better can reserve a meal by contacting our Nutrition Manager, Barbara Goldsmith, or the Department of Family Services Aging Services Division at (301) 265-8475. You must register at least one day in advance. The suggested donation is \$4.00. If you need to cancel your meal, please do so at least two (2) days in advance. Please bring exact change to cover your donation.

Transportation: The Seniors can directly reserve transportation services. They must call DPW&T Intake line (301) 499-8603 to reserve their transportation ride to the Senior Center and must participate in the lunch program in order to be transported.

Note: There will be no lunch program when Prince George's County schools have a delayed opening or are closed due to inclement weather conditions.

Reminder. Lunch is subject to change depending on the Aging Services Division Office schedule.

FOR YOUR INFORMATION

Moved? Number changed? Update Your Information

From time to time, please stop at the office and make sure your personal information is correct. Let us know if you have any changes including emergency contact names and phone numbers.

Volunteer Opportunities

Do you have a special skill or talent you would like to share with others? Would you like to teach classes to seniors here at the Gwendolyn Britt Senior Activity Center? If so, give us a call at (301) 699-1238.



IMPORTANT PHONE NUMBERS

Senior Nutrition/Transportation	301-265-8475
Legal Aid	301-927-6800
Department of Family Services	301-265-8401
Seniors County Information	301-265-8450
Medicare Information	800-633-4227
Call-A-Bus	301-499-8603