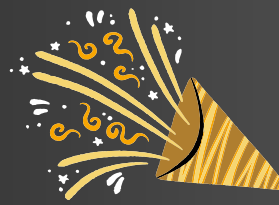




January



CHOICES

**Choose Hands-on Opportunities,
Integrating into Community,
Empowering Self-Direction**

Mon	Tues	Wed	Thurs	Fri
Dec 30	31	Jan 1	2	3
Happy New Year				
6 <u>KiloMEETers</u> Sports and Learning Complex	7 <u>Arts on a Roll</u> Bowie Community Center <u>AquaFit & Water Walkers</u> Fairland Aquatics	8 <u>Karaoke</u> Palmer Park Community Center	9 <u>Gaming Club</u> Deerfield Run Community Center	10 <u>Drum-N-Tone</u> Glen Dale Community Center
13 <u>KiloMEETers</u> Sports and Learning Complex	14 <u>Zumba with Maria</u> Palmer Park Community Center <u>AquaFit & Water Walkers</u> Fairland Aquatics	15 <u>Winter Nature Craft</u> Old Maryland Farm	16 <u>Gaming Club</u> Deerfield Run Community Center	17 <u>Drum-N-Tone</u> Glen Dale Community Center
20 Martin Luther King Jr. Day	21 <u>AquaFit & Water Walkers</u> Fairland Aquatics	22 <u>Karaoke</u> Palmer Park Community Center	23 <u>Gaming Club</u> Deerfield Run Community Center	24 <u>Drum-N-Tone</u> Glen Dale Community Center
27 <u>KiloMEETers</u> Sports and Learning Complex	28 <u>Bingo</u> Hillcrest Heights Community Center <u>AquaFit & Water Walkers</u> Fairland Aquatics	29 <u>Winter Nature Craft</u> Old Maryland Farm	30 <u>Gaming Club</u> Deerfield Run Community Center	31 <u>Movie & Popcorn</u> Kentland Community Center

Parks & Recreation CHOICES is a resource developed for Prince George's County adult residents with developmental and intellectual disabilities.



With a focus on weekday, daytime opportunities, learn all that Parks & Recreation has to offer. Sign up, get involved, and give a new activity a try!

To register for CHOICES activities, visit pgparksdirect.com and enter Activity Code: 25419

For more information on programs/events listed in this resource calendar, email: CountywideTRPrograms@pgparks.com

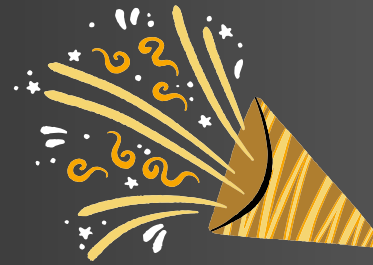
Register for CHOICES Activities HERE:



Note: Activities listed in this calendar are subject to change. For the most up-to-date information, visit pgparksdirect.com



Department Happenings



live more, play more
pgparks.com



The Department of Parks and Recreation offers many daytime, weekday activities perfect for self-directed individuals and their caregivers/aides.

Click the event or scan the QR code for more info.

Special Programs Division
Front Desk: 301-446-3400
Maryland Relay 7-1-1



Parks Direct Classes & Events HERE:



Community Center Pass

Provides access to facility and FREE Amenities

Adult - 1 year- \$45

Senior - 1 year- FREE

CC + Fitness Pass

Provides access to facility and Fitness Centers

Adult - 1 year/3 months/1 week- \$125/\$45/\$25

Senior - 1 year- FREE

TR: Zumba

SAARC

13601 Missouri Ave, Brandywine 20452

January 9 - February 27 (8 weeks)

Cost: \$40

2pm - 2:45pm

Registration Code: [25421-178A](#)

TR: AquaFit

Fairland Aquatics Center

13950 Old Gunpowder Rd, Laurel 20707

January 7 - February 25 (8 weeks)

Cost: \$40

10am - 10:45am

Registration Code: [25420-178A](#)

TR: Creative Drama Skills

Palmer Park Community Center

7720 Barlowe Road, Landover, 20785

January 6 - March 10

5:30PM - 7:30PM

Registration Code: [25645-178B](#)

Cost: \$60

TR: AquaTone

SAARC

13601 Missouri Ave, Brandywine 20452

January 9 - February 27 (8 weeks)

Cost: \$40

12 noon - 12:45pm

Registration Code: [25414-178A](#)

TR: Drum-N-Tone

SAARC

13601 Missouri Ave, Brandywine 20452

January 7 - February 18 (7 weeks) 6:45 -7:45 PM

College Park Community Center

5051 Pierce Ave, College Park 20740

January 21 - February 25 (6 weeks) 6:30-:30 PM

Registration Code: [25612](#)

Cost: \$30