THE MARYLAND-NATIONAL CAPITAL PARK AND PLANNING COMMISSION Department of Parks and Recreation, Prince George's County 2025 Teen Cotillion PARTICIPANT/PARENT INFORMATION PACKET live more, play more pgparks.com



## WELCOME

It is our pleasure to welcome you to The Maryland-National Capital Park and Planning Commission, Prince George's County's Teen Cotillion! As part of this extraordinary 12-week youth development program for 32 very special Prince George's County teens, ages 15-18, you will engage in a series of workshops, special events, community service projects, cultural trips, and more! As a Debutante or Beau, you will cultivate:

- Professional Development
- Social Etiquette
- Community Engagement
- Empowerment and Independence
- Fellowship with peers and adult mentors

#### MISSION STATEMENT

The mission of the M-NCPPC, Department of Parks and Recreation, in partnership with County residents, is to provide comprehensive park and recreation programs, facilities, and services that support healthy lifestyles and respond to changing needs within County communities. The Department strives to preserve, enhance, and protect open spaces to enrich the quality of life for the present and future generations in a safe and secure environment.





## TEEN COTILLION

The Teen Cotillion is a signature program of The Maryland-National Capital Park & Planning Commission, Department of Parks and Recreation, Prince George's County. Young men (Beaus) and young women (Debs) ages 15–18 (18, if still in high school) who are Prince George's County residents are eligible to be a part of the Teen Cotillion. The culmination of this year's extraordinary 12-week program will be an elegant Cotillion held at Martin's Crosswinds in Greenbelt, Maryland.

While formal dance instruction is one important part of the Teen Cotillion program, there are other great activities offered. The Debs and Beaus will attend workshops focusing on:

- \* Life Skills
- \* Confidence
- \* Self-Esteem Building
- \* Team Building
- \* Interviewing Skills
- \* Etiquette

Participants will engage in service learning projects and have the opportunity to travel and experience a variety of the Arts. The Teen Cotillion is a very special milestone for each teen participant and their family.

Registration fee for being a part of the Teen Cotillion is \$100.

# COMMITTEE COMMITTEE

Parkes Recreation

The success of the Teen Cotillion is due to the commitment and dedication of remarkable M-NCPPC Staff and Volunteers.





Felipa Fontes
Tanya Biggs
Kenneth Goins
Symone Griffith
Caryne Moses
Paul Hall
Karl Austin
Bashir Nader
Jessica Peters
Jade Washington
Aaron Young
Stephen Makle - Sponsor

Kimberly James - Chair Greg Gordon Sherie Higgins Tia Patterson Dashane James Donata Duckett Alessandra Flores Joshua Dietrich Antonia Bookbinder Sam Bligen Harvey Dorsey



Food & Allergy Survey



## FOOD

#### Will dinner be provided every Thursday night?

YES! Dinner will be provided for dance participants every Thursday night. Dinner will be served from 6:00–6:30 pm, so please be on time. If you or your Deb/Beau have any dietary restrictions, please complete the Food & Allergy Survey. Meals or snacks are provided for most trips and activities. Check the calendar schedule for times when meals are not included.



## EVENT

Share your achievements with

Family and Friends:

May 4, 2025

Martin's Crosswinds

4700 Greenway Center Drive

Greenbelt, MD 20770

1 - 5pm

(Debs & Beaus must arrive at 10:00am)

The Teen Cotillion is the spotlight celebration of the Debs and Beaus. This elegant event closes out 12 weeks of building confidence and leadership skills.

#### Tickets are \$60

Tickets are required and are available for purchase during Thursday night rehearsals. Please purchase tickets at the front desk of the Community Center. No tickets will be sold the day of the Teen Cotillion.

Attire for the Teen Cotillion is provided as part of their participation. Debs and Beaus are fitted for their dresses and tuxes during the Get Acquainted Social.

Shoes, accessories and undergarments are the responsibility of the participants, and specific item choices will be given to participants for purchase.

Dress Rehearsal at Martin's Crosswinds is

April 29, 2025 6 - 8:30pm

Events Committee: Sherie Higgins - Alexis Foster - Jade Washington - Harvey Dorsey - Sam Bligen

Dancing Parents and Participants: Please bring your shoes to dance practice on Thursdays. DANCE

#### What do I need to know about the dancing?

Dancing is an integral part of the Teen Cotillion experience. Be patient with yourself while learning the dance routines. Expect changes; dances can be altered due to creativity or technical difficulty. This is another reason why the designated dancing parent/guardian should be at practice each week. By the day of the Teen Cotillion, you will have learned the dance routine, and everyone will look beautiful on the dance floor. Another important tip is to practice at home during the week. There is a lot to learn during the 12 weeks so additional practicing can really pay off.



## What are the general responsibilities for a dancing Mom or Dad?

One of the most important responsibilities is to commit to attend every Thursday night dance practice starting February 27, 2025. Your dance nights and times will be on the program calendar. We ask that you help your Deb/Beau with their fundraising efforts, support them, and encourage participation in ALL activities. For the final event of the Teen Cotillion, you will need to purchase/rent a black tuxedo or formal gown.

## What if a Mom or Dad is not available to dance in the Teen Cotillion?

We ask that you try to find a permanent replacement if a parent/guardian is not able to make the commitment (i.e. an aunt, uncle, family friend, etc.). It means so much more to the Deb/Beau to be dancing with someone special in their life. If you cannot find someone to fill the position, do not worry! We have volunteer dancers available to assist.

## What are the general responsibilities for a non-dancing Mom or Dad?

We ask the non-dancing Moms & Dads to support their Debs/Beaus fundraising efforts as well as encouraging their participation in trips and Thursday night workshops. You are welcome to stop by to see the progress they are making. For the final event, most non-dancing parents wear formal/semi-formal attire.

## SPONSORSHIP & FINANCE

How much money is a Deb/Beau expected to raise and how can they raise it?

To keep this impactful program at a low cost for participants and parents, we rely on community sponsorships and individual fundraising. We suggest that each participant raise approximately \$1,000 throughout their Teen Cotillion experience. Fundraising can be attained through selling ads for the souvenir book, taking donations, and selling tickets to the final event. If you start the process early, it can easily be achieved. Top fundraisers will be recognized at the culminating ceremony.



#### How do we raise money for the ads in the souvenir book?

We provide a standard letter from the Teen Cotillion Sponsorship & Fundraising explaining the Teen Cotillion and the benefits of donating. We will also provide a fundraising cheat sheet that explains the ad sizes and prices as well as donation opportunities. Equipped with these two pieces of literature, your Deb/Beau can now go to local businesses, places of worship or to friends and family and ask for fundraising support. You are encouraged to get involved and assist in the fundraising effort. The Committee will provide additional fundraising opportunities for the Debs and Beaus.

2025
Support Prince George's County teens, get involved, have fun, and connect with our community by becoming a Sponsor!

Parks & Recreation

live more, play more

### **Sponsorship Packages**

#### Title Sponsor: \$2,000+

- Branding prevalence throughout marketing materials
- Four (4) VIP tickets to the Teen Cotillion
- Headline our "Salute to Sponsors" section
- A two (2) full-page spread advertisement in the Souvenir Program Book
- Repeated visual and audio recognition of level of support throughout the Teen Cotillion program
- Exhibitor table at the Teen Cotillion
- Opportunity to lead a week-day workshop or trip
- Inclusion in future annual M-NCPPC teen events

#### Deb or Beau Sponsor: \$1,500

- Inclusion in select marketing materials
- Two (2) VIP tickets to the Teen Cotillion
- Inclusion in our "Salute to Sponsors"
- Full-page advertisement in the Souvenir Program Book
- Recognition of level of support in the Event Program and announcements

#### Community Leader: \$1,000

- One (1) ticket to the Teen Cotillion
- Inclusion in our "Salute to Sponsors"
- Half-page advertisement in the Souvenir Program Book
- Verbal recognition of level of support at the Teen Cotillion

#### **Community Mentor: \$500**

- One (1) ticket to the Teen Cotillion
- Inclusion in our "Salute to Sponsors"
- Quarter-page advertisement in the Souvenir Program Book

#### **In-Kind Contributions**

In-kind contributions are donations of goods or services in lieu of monetary support. We accept non-monetary gifts as they correlate at or near the value of the above sponsorship levels and benefits.

#### **Additional Ways to Support**

Advertise your business or let a deb or beau know how special they are by purchasing an ad in the souvenir book:

Full-Page Ad: \$200Half-Page Ad: \$150

• Quarter-Page Ad: \$100

#### REGISTER ONLINE:

WWW.PGPARKS.COM/TEEN-COTILLION

#### QUESTIONS?

CONTACT THE 2025 TEEN COTILLION SPONSORSHIP COORDINATOR AT: NATALIEA.HILL@PGPARKS.COM

> Complete the form online by using the QR code or visiting us online at:



www.pgparks.com/teen-cotillion

Charitable contributions to governmental units are tax deductible under section 170(c)(1).

Deadline for sponsorship agreements and receipt of ads is March 28, 2025.





## Sponsorship Form

Sponsor/Organization:
Contact Person:
Street Address:
City/State/Zip:
E-mail:
Number:
Cotillion Participant: (if applicable)
I wish to provide sponsorship at the following level (please check one):
Community Mentor \$500
Title Sponsor \$2,000+ In-Kind Contribution of:
Deb or Beau Sponsor \$1,500
Community Leader \$1,000  Ad Placement Dollar Amount:
Decrease in full record and any this arrangement in audicute finalise convenience at a constant or an execution

Payment in full must accompany this agreement in order to finalize your commitment of monetary sponsorship. Checks or money orders should be made payable to M-NCPPC. All major credit cards also accepted. For more information contact the Teen Cotillion sponsorship coordinator at NatalieA.Hillepgparks.com.

Deadline for sponsorship agreements and receipt of ads is March 28, 2025.



#### **Go Digital**

Complete the form online by using the **QR** code or visiting us online at:



www.pgparks.com/teen-cotillion



Souvenir Books are a keepsake compilation of headshots, sponsorship ads, and dedication from family and friends highlighting our Debs and Beaus. Each Deb and Beau will work with the Public Relations Committee to compose their personal bios.

Photography and Videography will be captured throughout the 12 weeks of the program to highlight the memories and the growth of each Deb and Beau.

## PUBLIC RELATIONS



Public Relations Committee: Kenneth Goins - Dashane James - Caryne Moses

PROGRAMMING

## Is attendance mandatory every Thursday night for participants?

Attendance every Thursday night is critical!

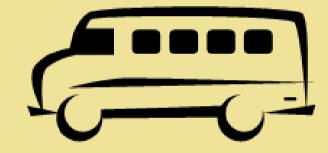
New dances may be taught each night along with important workshops. Dance partners and/or dance lineups are often coordinated based on height. If one person is missing, the entire lineup is thrown-off and can delay advancing the dance routine and instruction. For example: If a dancing parent/guardian is absent, the teen participant will not have the opportunity to perfect the routine. While we understand emergencies arise, we strongly encourage you and your Deb/Beau to attend every practice.



Programming Committee: Tia Patterson – Paul Hall – Felipa Flores Aaron Young – Antonia Bookbinder – Alessandra Flores



Cultural and educational trips for the Debs and Beaus are a component of the 12-week program. Permission slips need to be completed and received prior to trip participation. All admission fees are included, however money for meals may be required.



We will provide transportation to most events/trips. For our out-of-town trips, a charter bus will be utilized. For in-town trips, M-NCPPC vehicles and drivers will be used. You will be notified in-advance if you need to transport your Deb/Beau to an event or pick-up location.

#### How does my Deb/Beau get to practice on Thursday nights?

In the event a Deb/Beau does not have transportation to the weekly workshops, we can provide transportation from various M-NCPPC community centers. The transportation coordinators will select pick-up and drop-off locations that may be convenient for you. Unless otherwise communicated, Debs/Beaus will be picked-up and dropped-off at the same sites. In-addition, you can transport them or they can transport themselves.

Date/Time	Content	Theme/Topic	Location	Notes	Schedule	Description
Thursday, February 6, 2025 6:30-9:30pm		Get Acquainted Social	PRINCE GEORGE'S BALLROOM		Greetings & Introductions (Parents & Participants must attend this session)  Dress/Tuxedo Fitting  Questions & Answers/Permission  Forms/Registration  Ice breaker activity and Closeout	Welcome! Debs & Beaus meet the Teen Cotillion Committee. Get a glimpse of things to come for this year's Program.
Thursday, February 20, 2025 6-9:30pm		Sponsorship & Bio Writing	KENTLAND COMMUNITY CENTER		6-6:30pm: Sign in & Registration/ Program Overview 6:30-7pm: Dinner 7-8:30pm: Bio Writing 8:30-9:15pm: Sponsorship & Fundraising Workshop 9:15-9:30pm: Debrief	Debs, Beaus and parents will participate in teambuilding activities to get to know each other. Start your Souvenir Book Bio & meet with Sponsorship & Fundraising Team
Thursday, February 27, 2025, 5:30-9:30pm		Headshots & Self- Awareness/Branding	KENTLAND COMMUNITY CENTER	Come fully prepared (Make-up, hair, shave, etc.)	5:30pm: Deb & Beaus Headshots 6-6:45pm: Dinner 7-8:30pm: Self-Awareness Works 8:30-9:15pm: Dancing 9:15-9:30pm: Debrief	Debs and Beaus will take their Souvenir Book headshots, learn about the importance of Self-Awareness and design hoodies that represent their brand
Saturday, March 1, 2025 ₁10am-7pm		Community Service / CIAA Trip	PALMER PARK COMMUNITY CENTER	Bring Student Service Learning Form for Community Service Hours and money for lunch	Teens arrive by 10am Eat breakfast before you come. Healthy snacks will be provided.	Learn about Nobel Peace Prize Laureate Wangar Maathai and ways to advocate for environmental justice in our communities Plant seeds for SSL hours then travel for CIAA Tournament
Thursday, March 6, 2025 6-9:30pm		Trading Places	KENTLAND COMMUNITY CENTER		6-6:30pm: Dinner 6:45-8:15pm: Trading Places Workshop 8:15-9:15pm: Dance 9:15-9:30pm: Debrief	The Trading Places Safety Workshop will discuss how to relate with Law Enforcement & participate in role playing scenarios. Presented by M-NCPPC Park Police.

Date/Time	Content	Theme/Topic	Location	Notes	Schedule	Description
Thursday, March13,2025 6-9:30pm	professionalpositive	Professional Development	KENTLAND COMMUNITY CENTER		6-6:30pm: Dinner 6:30-8:15pm: Workshop: Building and Interview Tips 8:15-9:15pm: Dance 9:15-9:30pm: Debrief	Introduce the essentials of crafting a professional resume, receive interviewing tips, discuss grooming, dress codes, self-branding & email etiquette
Monday, March 17, 2025 9am-5pm		Snow Tubing Trip	WHITETAIL RESORT	Parent Drop-Off & Pick-Up at Kentland CC	9am-5pm: Trip: Ski Trip Bring money for lunch	Have fun, make memories and bond with your fellow Debs & Beaus
Tuesday, March 18, 2025 6:30-8:30pm		Public Speaking / Presentation Skills	VIRTUAL		6:30-8:30pm	
Thursday, March 20, 2025 6-9:30pm		Mock Interviews	PALMER PARK COMMUNITY CENTER	Dress in professional attire & bring copies of your resume for job/internship opportunities.	6-6:30pm: Dinner 6:30-8pm: Mock Interviews 8-9:15pm: Dance 9:15-9:30pm: Debrief	Students will be able to practice their professional development skills in a series of mock interviews.
Thursday, March 27, 2025 6-9:30pm		Empowerment & Mental Health	KENTLAND COMMUNITY CENTER		6-6:30pm: Dinner 6:30-8pm: Empowerment Workshop 8-9:15pm: Dance 9:15-9:30pm: Debrief	

Date/Time	Content	Theme/Topic	Location	Notes	Schedule	Description
Thursday, April 3, 2025 6-9:30pm	THE THE STATE OF T	Financial Literacy	KENTLAND COMMUNITY CENTER	Participant and Parent Session	6-6:30pm: Dinner 6:30-8:30pm: Financial Literacy 8:30- 9:15pm: Dancing 9:15-9:30pm: Debrief	Teach teens the basics of managing finances
Friday, April 4, 2025 5-11pm		Noochie's Front Porch	KENNEDY CENTER	Drop-Off and Pick-Up at Kentland CC. Dress in Business Casual Attire	Dinner before Departure	Noochie's Front Porch Series @ Kennedy Center
Thursday, April 10, 2025 6-9:30pm		Etiquette Workshop	KENTLAND COMMUNITY CENTER		6-6:30pm: Dinner 6:30-7:45pm: Etiquette 7:45-9:15pm: Dance 9:15-9:30pm: Debrief	Debs & Beaus will learn the basics of proper etiquette & dining. They will use the skills they learned at the Etiquette Dining Experience.
Tuesday, April 15, 2025		Etiquette Dining Experience	COPPER CANYON	Dress in Semi-Formal Attire	6pm: Debs/Beaus Meet at Copper Canyon 8:30-8:45pm: Debrief	
Thursday, April 17, 2025 6-9:30pm		Sensitivity Awareness	KENTLAND COMMUNITY CENTER		6-6:30pm: Dinner 6:30-7:15pm: Sensitivity Training 7:15-9:15pm: Dance 9:15-9:30pm: Debrief	Presented by Program Access

Date/Time	Content Type	Theme/Topic	Location	Notes	Schedule	Description
Thursday, April 24, 2025 6-9:30pm		Dance	KENTLAND COMMUNITY CENTER		6-6:30pm: Dinner 6:30-9:15pm: Dance 9:15-9:30pm: Debrief	Perfect the dances for Teen Cotillion
Saturday, April 26, 2025 10am-3pm	EXPERIENCE	The Ultimate HBCU Experience	SOUTHERN AREA AQUATICS COMPLEX	Parents Drop-Off and Pick-Up at SAARC	and Pick-Up at 10am-3pm	
Tuesday, April 29, 2025 6-8:30pm		Dress Rehearsal	MARTIN'S CROSSWINDS	Dinner is not provided	6-8:30pm	All Participants, Parents and Committee meet at Martin's Crosswinds.
Thursday, May 1, 2025 6-9:30pm		Rehearsal	KENTLAND COMMUNITY CENTER	6-6:30pm: Dinner 6:30- 9:15pm: Final Rehearsal - Dance & Event Walk-Through 9:15-9:30pm: Debrief		Final Rehearsal
Sunday, May 4, 2025	Parks & Recreation M-N CFFC	2025 Teen Cotillion	MARTIN'S CROSSWINDS		Teens should arrive at Martin's Crosswinds by 10am. Cotillion begins at 1pm.	Celebrate the progress and growth of the 2025 Debs and Beaus
Sunday, May 18, 2025	Kings pominion	Parent Evaluations / Kings Dominion	KINGS DOMINION	Parents Drop-Off and Pick-Up at Kentland CC. Bring money for lunch	We invite you to share your feedback, ideas, and suggestions-both positive and negative-along with any improvements you think are needed for next year's Cotillion Program. Parent Testimonials	Debs and Beaus will ride a Coach Bus to Kings Dominion to enjoy rides and other attractions.

#### **FEBRUARY AT-A-GLANCE**





	SUN	MON	TUE	WED	THU	FRI	SAT
							1
	2	3	4	5	Get Acquainted Social @ PG Ballroom	7	8
DEADLINES	9	10	11	12	13	14	15
NOTES Prince George's Ballroom 2411 Pinebrook Ave., Landover, MD 20785 Kentland Community Center	16	17	18	19	20 Workshop #1 @ Kentland CC	21	22
2413 Pinebrook Ave., Landover, MD 20785	23	24	25	26	27 Workshop #2 Headshots @ Kentland CC Final Bio Approval	28	

## MARCHAT-A-GLANCE



LEGEND	SUN	MON	TUE	WED	THU	FRI	SAT
							1 SSL and CIAA Trip
	2	3	4	5	6 Workshop #3 at Kentland CC	7	8
TRIP  DEADLINES  VIRTUAL SESSION	9	10	11	12	13 Workshop #4 at Kentland CC	14	15
NOTES  Kentland Community Center 2413 Pinebrook Ave., Landover, MD 20785  Palmer Park Community Center	16	17 Snow Tubing Trip	Virtual Public Speaking Workshop #5	19	20 Workshop #6 Interviews at Palmer Park CC	21	22
7720 Barlowe Rd., Hyattsville, MD 20785	23	24	25	26	27 Workshop #7 at Kentland CC	Deadline for Sponsorship Agreements and Ads	29

#### **APRIL AT-A-GLANCE**





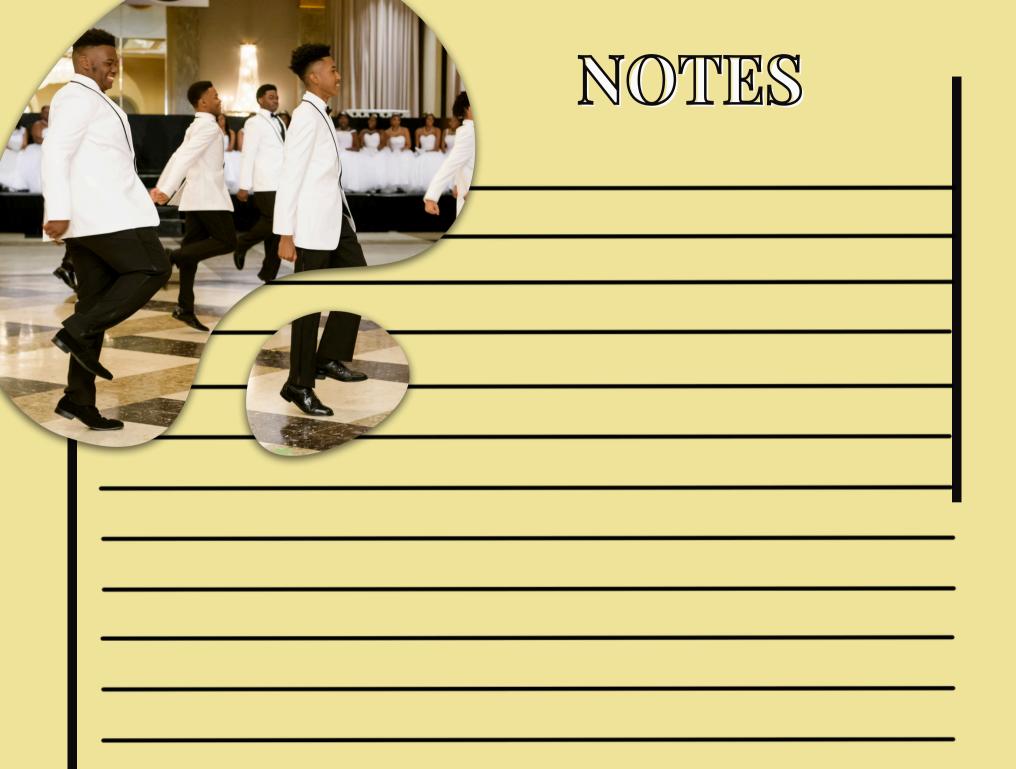
	SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	Workshop #8 at Kentland CC	4 Kennedy Center Trip	5
LEGEND	6	7	8	9	Workshop #9 at Kentland CC	11	12
TRIP  DEADLINES  VIRTUAL SESSION	13	14	Etiquette Dining Experience at Copper Canyon	16	17 Workshop #10 at Kentland CC	18	19
NOTES  Kentland Community Center 2413 Pinebrook Ave., Landover, MD 20785	20	21	22	23	24 Workshop #11 at Kentland CC	25	26 The Ultimate HBCU
Southern Area Aquatics & Rec Complex 13601 Missouri Ave., Brandywine, MD 20613					Deadline for Cotillion Ticket Sales		Experience at SAARC
Copper Canyon 9300 Taj Ln., Glenarden, MD 20706	27	28	29 Rehearsal at	30			
Martin's Crosswinds 7400 Greenway Center Dr., Greenbelt, MD 20770			Martin's Crosswinds				

#### **MARCHAT-A-GLANCE**





LEGEND	SUN	MON	TUE	WED	THU	FRI	SAT
					1 Workshop #12 at Kentland CC	2	3
	4 2025 Teen Cotillion	5	6	7	8	9	10
TRIPS	11	12	13	14	15	16	17
NOTES Kentland Community Center 2413 Pinebrook Ave., Landover, MD 20785 Martin's Crosswinds	Parent Evaluations @ Kentland CC Kings Dominion	19	20	21	22	23	24
7400 Greenway Center Dr., Greenbelt MD 20770	25	26	27	28	29	30	31



## NOTES



