

February

CHOICES

**Choose Hands-on Opportunities,
Integrating into Community,
Empowering Self-Direction**

Parks & Recreation CHOICES is a resource developed for Prince George's County adult residents with developmental and intellectual disabilities.

Black History Month



With a focus on weekday, daytime opportunities, learn all that Parks & Recreation has to offer. Sign up, get involved, and give a new activity a try!

To register for CHOICES activities, visit pgparksdirect.com and enter Activity Code: 25419

For more information on programs/events listed in this resource calendar, email: CountywideTRPrograms@pgparks.com

**Register for CHOICES
Activities HERE:**

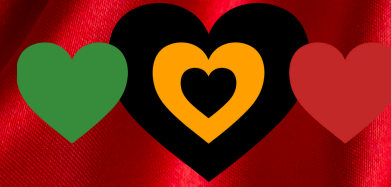


Note: Activities listed in this calendar are subject to change. For the most up-to-date information, visit pgparksdirect.com

Mon	Tues	Wed	Thurs	Fri
Feb 3 <u>KiloMEETers</u> Sports and Learning Complex <hr/> <u>Black History Trivia</u> Palmer Park Com. Center	4 <u>Arts on a Roll</u> Bowie Community Center <hr/> <u>AquaFit & Water Walkers</u> Fairland Aquatics	5 <u>Snow Globes & Pine Cone Bird Feeders</u> Old Maryland Farm <hr/> <u>Group Fitness Classes</u> Sports & Learning Complex	6 <u>Gaming Club</u> Deerfield Run Community Center	7 <u>Craft Time!</u> Old Maryland Farm <hr/> <u>Drum-N-Tone</u> Glen Dale Community Center
10 <u>KiloMEETers</u> Sports and Learning Complex <hr/> <u>Black History Trivia</u> Palmer Park Com. Center	11 <u>Zumba</u> Palmer Park Community Center <hr/> <u>AquaFit & Water Walkers</u> Fairland Aquatics	12 <u>Valentine Boxes</u> Old Maryland Farm <hr/> <u>Group Fitness Classes</u> Sports & Learning Complex	13 <u>Gaming Club</u> Deerfield Run Community Center	14  <u>Valentines Day Party</u> Glen Dale Community Center
17 <i>President's Day</i>	18 <u>AquaFit & Water Walkers</u> Fairland Aquatics	19 <u>Let's Get Gardening</u> Old Maryland Farm <hr/> <u>Group Fitness Classes</u> Sports & Learning Complex	20 <u>Gaming Club</u> Deerfield Run Community Center	21 <u>Craft Time!</u> Old Maryland Farm <hr/> <u>Drum-N-Tone</u> Glen Dale Community Center
24 <u>KiloMEETers</u> Sports and Learning Complex <hr/> <u>Black History Trivia</u> Palmer Park Com. Center	25 <u>Bingo</u> Hillcrest Heights Community Center <hr/> <u>AquaFit & Water Walkers</u> Fairland Aquatics	26 <u>Let's Get Gardening</u> Old Maryland Farm <hr/> <u>Group Fitness Classes</u> Sports & Learning Complex	27 <u>Gaming Club</u> Deerfield Run Community Center	28 <u>Movie & Popcorn Kentland</u> Community Center
Mar 3 <u>KiloMEETers</u> Sports and Learning Complex	4 <u>Arts on a Roll</u> Bowie Community Center <hr/> <u>AquaFit & Water Walkers</u> Fairland Aquatics	5 <u>Let's Get Gardening</u> Old Maryland Farm <hr/> <u>Group Fitness Classes</u> Sports & Learning Complex	6 <u>Gaming Club</u> Deerfield Run Community Center	7 <u>Drum-N-Tone</u> Glen Dale Community Center



Department Happenings



live more, play more
pgparks.com

Community Center Pass

Provides access to facility and FREE Amenities

Adult - 1 year- \$45

Senior - 1 year- FREE

CC + Fitness Pass

Provides access to facility and Fitness Centers

Adult - 1 year/3 months/1 week- \$125/\$45/\$25

Senior - 1 year- FREE

Wheelchair Rugby Tournament

Southern Regional Technology &
Recreation Complex

7007 Bock Rd, Ft. Washington, 20744

January 25-26, 2025

Games Sat: 8:30-6pm; Sun: 8:30-2pm

8 Teams - FREE Viewing

Black History Month



The Department of Parks and Recreation offers many other activities perfect for self-directed individuals and their caregivers/aides.

Click the event for more info.

Special Programs Division
Front Desk: 301-446-3400

Maryland Relay 7-1-1

Parks Direct Classes
& Events HERE:



TR: AquaFit Class

Fairland Aquatics Center

13950 Old Gunpowder Rd, Laurel 20707

January 7 - February 25 (8 weeks)

Cost: \$40

10am - 10:45am

Registration Code: [25420-178A](#)

TR: Zumba Class

SAARC

13601 Missouri Ave, Brandywine 20452

January 9 - February 27 (8 weeks)

Cost: \$40

2pm - 2:45pm

Registration Code: [25421-178A](#)

TR: AquaTone Class

Southern Area Aquatics & Recreation Complex
13601 Missouri Ave, Brandywine 20452

January 9 - February 27 (8 weeks)

Cost: \$40

12 noon - 12:45pm

Registration Code: [25414-178A](#)

TR: Drum-N-Tone Class

Southern Area Aquatics & Recreation Complex
13601 Missouri Ave, Brandywine 20452

January 7 - February 18 (7 weeks) 6:45 -7:45 PM

College Park Community Center

5051 Pierce Ave, College Park 20740

January 21 - February 25 (6 weeks) 6:30-:30 PM

Registration Code: [25612](#)

Cost: \$30