

March

CHOICES

Choose Hands-on Opportunities,
Integrating into Community,
Empowering Self-Direction

Parks & Recreation CHOICES is a resource developed for Prince George's County adult residents with developmental and intellectual disabilities.

With a focus on weekday, daytime opportunities, learn all that Parks & Recreation has to offer. Sign up, get involved, and give a new activity a try!

To register for CHOICES activities, visit pgparksdirect.com and enter Activity Code: 25419

For more information on programs/events listed in this resource calendar, email: CountywideTRPrograms@pgparks.com

Register for CHOICES Activities HERE:



Note: Activities listed in this calendar are subject to change. For the most up-to-date information, visit pgparksdirect.com

| Mon | Tues | Wed | Thurs | Fri |
|--|--|---|---|---|
| Mar 3 KiloMEETers Sports and Learning Complex <hr/> Karaoke Palmer Park Community Center | 4 Arts on a Roll Bowie Community Center <hr/> AquaFit & Water Walkers Fairland Aquatics | 5 Let's Get Gardening Old Maryland Farm <hr/> Group Fitness Classes Sports & Learning Complex | 6 Gaming Club Deerfield Run Community Center | *Rescheduled 7 Valentines Boxes Old Maryland Farm <hr/> Drum-N-Tone Glen Dale Community Center |
| 10 KiloMEETers Sports and Learning Complex <hr/> Puzzle Mania! Palmer Park Community Center | 11 Zumba Palmer Park Community Center | 12 Let's Get Gardening Old Maryland Farm <hr/> Group Fitness Classes Sports & Learning Complex | 13 Gaming Club Deerfield Run Community Center | 14 Sun Catchers & Wind Chimes Old Maryland Farm <hr/> Drum-N-Tone Glen Dale Community Center |
| 17 KiloMEETers Sports and Learning Complex <hr/> Karaoke Palmer Park Community Center | 18 AquaFit & Water Walkers Fairland Aquatics | 19 Let's Get Gardening Old Maryland Farm <hr/> Group Fitness Classes Sports & Learning Complex *New Session* | 20 Gaming Club Deerfield Run Community Center | 21 Toad Abode Watkins Nature Center <hr/> Drum-N-Tone Glen Dale Community Center |
| 24 KiloMEETers Sports and Learning Complex <hr/> Dance Off Palmer Park Community Center | 25 Bingo Hillcrest Heights Community Center <hr/> AquaFit & Water Walkers Fairland Aquatics | 26 Let's Get Gardening Old Maryland Farm <hr/> Group Fitness Classes Sports & Learning Complex | 27 Gaming Club Deerfield Run Community Center | 28 Movie & Popcorn Kentland Community Center |
| 31 KiloMEETers Sports and Learning Complex <hr/> Karaoke Palmer Park Community Center | April 1 Arts on a Roll Bowie Community Center <hr/> AquaFit & Water Walkers Fairland Aquatics | 2 Let's Get Gardening Old Maryland Farm <hr/> Group Fitness Classes Sports & Learning Complex | 3 Gaming Club Deerfield Run Community Center | 4 Drum-N-Tone Glen Dale Community Center |

Department Happenings



Community Center Pass

Provides access to facility and FREE Amenities

Adult - 1 year- \$45

Senior - 1 year- FREE

CC + Fitness Pass

Provides access to facility and Fitness Centers

Adult - 1 year/3 months/1 week- \$125/\$45/\$25

Senior - 1 year- FREE

Glow Walk

Watkins Regional Park

301 Watkins Park Drive, Upper Marlboro, 20774

April 5, 2025

Cost: \$25/T-Shirt: \$15

7:30pm - 9pm

[REGISTER HERE](#)

TR: AquaFit

Fairland Aquatics Center

13950 Old Gunpowder Rd, Laurel 20707

March 18 - May 25 (8 weeks)

Cost: \$40

10am - 10:45am

Registration Code: [25420-278A](#)

TR: Drum-N-Tone

SAARC

13601 Missouri Ave, Brandywine 20452

March 4- May 6 (10 weeks)

Cost: \$40

6:45 - 7:45 PM

Registration Code: [25612-278A](#)

TR: AquaTone

SAARC

13601 Missouri Ave, Brandywine 20452

April 24 - May 29 (6 weeks)

Cost: \$30

12 noon - 12:45pm

Registration Code: [25414-278A](#)

Spring Fling Dance

Laurel-Beltsville Senior Activity Center

7120 Contee Road, Laurel 20707

April 26 - 6PM-9PM

Cost: \$30

Registration Code: [25615-278A](#)

The Department of Parks and Recreation offers many daytime, weekday activities perfect for self-directed individuals and their caregivers/aides.

Click the event or scan the QR code for more info.

Special Programs Division
Front Desk: 301-446-3400
Maryland Relay 7-1-1

Parks Direct Classes
& Events [HERE](#):

