



## 2025 *Cycling Seniors* Club Spring Ride Schedule

Cycling is a full body and mind exercise! Join the Park Rangers and the *Cycling Seniors* Cycle Club this ride season! We have rides for both new and more experienced riders. Please bring your own bicycle and helmet.. A waiver of liability will need to be signed. **This program is FREE for Prince George's County Residents only, 60 years of age and better!** Club rides will generally take place on Wednesdays of each month – April through October, (possibly November) weather permitting.

**To Register:** <https://mdpparksweb.myvscloud.com/webtrac/web/splash.html>

**Search by activity code:**

**Type "17549" (easiest way) in the search bar or use key word "cycling"**

### **Wednesday, April 9**

**Lake Artemesia/Paint Branch Trail/Anacostia River Trail, 9 – 11:30 am**

**PARKS DIRECT ACTIVITY CODE: 17549-278B**

**Arrive: 9 am; push off at 9:30 am**

**Meet/Ride Begins: Lake Artemesia, Berwyn Rd & 55th Ave  
Berwyn Heights, College Park, MD 20740**

This ride will start at Lake Artemesia and we will ride to the Aquatic Gardens approximately 14 miles round trip. This trail is flat/paved and appropriate for beginner and intermediate cyclists.

### **Wednesday, May 14**

**Washington, Baltimore & Annapolis (WB&A) Trail 9-11:30 am**

**PARKS DIRECT ACTIVITY CODE: 17549-278A**

**Arrive: 9 am; push off at 9:30 am**

**Meet/Ride Begins: Glenn Dale Community Center  
11901 Glenn Dale Blvd. Glenn Dale, 20769**

This flat and paved trail extends from Route 450 in Glenn Dale, running northeasterly to the Patuxent River. This trail is appropriate for beginner and intermediate cyclists. We will be riding a total of approximately 12 miles. Hopefully the connection to AA is done!